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Patient Agreement Statement

This statement acknowledges that _____ will comply with all of the following preoperative and postoperative guidelines.

_____ understands the risks, benefits, and lifestyle changes associated with the surgical treatment of morbid obesity. Weight control is a lifelong process, in which the surgery will be a very important Tool. The long-term success of the surgery depends on using that tool skillfully. The patient agrees to all pre-operative and post-operatives evaluations and sessions considered essential to having a successful outcome to his/her surgical treatment of morbid obesity. These items include but are not limited to the following:

- Attending 6 months Bariatric Support group post-op
- Attending 6 months post-op nutrition counseling
- Daily Exercise (slow at first gradually increasing)
- Labs at 6 month
- All required post-op visits
- Smoke free both preoperatively and postoperatively
- Post-op medications will be taken faithfully including vitamins
- Primary care physicians are to be included in care
- Strictly following dietary progression and nutrition guidelines

Patient

Signature _____

Date _____